

USE NETWORK WHEN YOU DEFINE YOUR SKILLS



1. Find 2-4 persons in your network who knows you very well professionally

- former colleagues, managers, suppliers, costumers and other relevant persons.

2. Ask them what they would point out if asked about:

- 5 words that describe your professional skills

- 5 words that describe your personal skills

3. Use the above input, together with the results from the exercises you have carried out in the Self Awarebess track plus the input from your talks with your mentor, **to finally define your professional an personal skills.**